



UBC ROBSON SQUARE EVENT AND CONFERENCE PLANNING

2024 CATERING MENU



CONTENTS

How to Order	3
Beverages	4
Breakfast	6
Breaks	12
Lunch	16
About Us	22

HOW TO ORDER

CATERING ARRANGEMENTS

All catering arrangements are subject to the policies of UBC Robson Square. Please contact your event planner to place your catering order.

604 827 5444 or robson.bookings@ubc.ca

Compostable service items and/or necessary food service equipment are included.

China service is available at an additional charge per service.



ORDER DEADLINES & CATERING GUARANTEES

Our Event Planner will require your preliminary order 2 weeks before the event. Final details are due at 12:00pm on the Tuesday of the week prior to your event.

Don't see something you like? Please contact your event planner, so that we can provide a custom menu.

ALL IN ONE PRICING

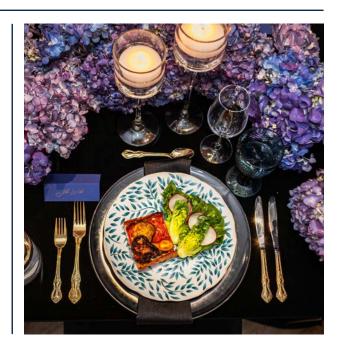
All prices listed are inclusive of delivery and service fee. All pricing applies to weekday catering Monday to Friday. Weekend service may be available on request.

CANCELLATION POLICY

Decreases in guest count and all other changes are due at 12:00 pm on the Tuesday of the week prior to your event. 100% Cancellation fee will be charged after this time. All cancellations must be in writing to the attention of UBC Robson Square Events Team

ALLERGY POLICY

The Lazy Gourmet can accommodate special dietary requests pertaining to allergies or cultural restrictions. Our kitchen is not a "nut-free" or "gluten-free" facility and we cannot guarantee the absence of cross contamination.





BEVERAGES

À LA CARTE	
Fair Trade Canada Certified Coffee and Tea Milano coffee and a variety of herbal and regular tea which will include a Fair Trade Certified option, decaf available. milk, cream, sugars and oat milk are included with coffee service. minimum 10 cups.	\$3.60
Assorted Cold Beverages assorted soft drinks, Perrier sparkling water, San Pellegrino fruit drinks	\$3.60
Add Honey to Any Service or Hot Water with Lemon	\$6.00
SPECIALTY BEVERAGES	
priced per serving	
Hot Chocolate minimum 10	\$4.00
Juice 8oz glass. minimum 10 glasses	\$6.00













Orange or Grapefruit



À LA CARTE priced per item. Assorted Muffins, Scones and Croissants V \$4.50 with whipped butter and house-made preserves. minimum 6 Assorted Bagels NF DF \$4.50 served with cream cheese, minimum 6 Assorted Coffee Cake Slices V \$3.50 Chef's Choice. minimum 6 Assorted Pastries V minimum 6 per type Croissants \$4.50 Pain-Au-Chocolat \$5.00 Cinnamon Buns \$4.75 Cinnamon Twists \$4.50 Fruit Danish \$5.00 Banana Bread Slice \$3.50 Stuffed Mini Croissants, Ham & Cheddar or Tomato, Asiago & Pesto \$4.50 Vegan Bagels, Muffins, Coffee Cake Slices (Chef's Selections, minimum 6) VG DF \$5.50 Savoury Danishes \$5.75 mimimum 6 per type Spinach Tomato Feta, Bacon Onion Provolone, Potato Sausage Boursin Granola Bars GF *not Celiac V DF \$5.00 made with seeds, nuts, oats, and honey. minimum of 6 Hard Boiled Eggs GP V \$6.00 whole egg, sliced in half. minimum 6 Deviled Eggs DF NF GF V \$43.00 per dozen. minimum 3 dozen













Truffle or Prosciutto Crisp & Chives



FRUIT & YOGURT

Fresh Fruit Kebabs GF VG NF DF	\$7.75
Mini Fruit Kebabs GF VG NF DF	\$5.25
Assorted Greek Yogurt GF V NF	\$4.75
125ml	

West Coast Parfait V

minimum of 6

layered yogurt, house-made granola and seasonal berry compote

Mini (3oz)	\$5.00
Regular (6oz)	\$9.50

Vegan Coconut Berry Quinoa Parfait (3oz) \$5.75 minimum of 6 GF *not Celiac VG DF

Sun-Ripened Fresh Fruit Presentation GP VG NP DF

garnished with seedless grapes and seasonal berries

Small (serves 10)	\$54.00
Medium (serves 20)	\$96.00
Large (serves 30)	\$144.00

Whole Fruit GF VG NF DF \$3.25 Fresh Fruit Salad GF VG NF DF \$5.50 per cup

minimum 6

Overnight Oats \$12.00 mason jars

BREAKFAST PLATTERS

priced per platter

Lazy Gourmet Bakery Platter V



a variety of Muffins, Scones, Pain au Chocolat, Sweet Danish (custard and raspberry), Lemon Loaf Slices

Small (28 pieces)	\$102.00
Medium (39 pieces)	\$144.00
Large (54 pieces)	\$198.00

Lazy Gourmet Savory Platter V



Savoury Danish (Potato, Sausage, Caramelized Onion and Bacon), Spinach and Feta Swirls, Butter Croissants, Cinnamon Sour Cream Coffee Cake Slices, Savoury Scone

Small (28 pieces)	\$102.00
Medium (39 pieces)	\$144.00
Large (54 pieces)	\$198.00











HOT À LA CARTE

priced per item

Breakfast Wraps \$13.00

minimum 6 per type

served with salsa

Scrambled eggs, ham, and cheese NF Scrambled eggs, cheese and spinach V NF

Breakfast Sandwich \$10.75

minimum 6 per type. served in foil bags served on English muffin

Egg, Cheddar Cheese and Tomato W Egg, Bacon and Cheddar Cheese NF

Egg, Crispy Kale, Squash and Parmesan Sauce V NF Egg, Grandfather Ham, Cheddar and Tomato Aioli

Vegan Breakfast Sandwich VG NF DF \$12.00

with beyond meat patty, lettuce, tomato, Vegan mayo on pretzel bun minimum 6

Breakfast Bagel \$11.25

minimum 6 per type. served in foil bags

Egg, Cheddar Cheese and Tomato V NF Egg, Bacon and Cheddar Cheese NF

Frittata \$11.25

minimum 6 per type

Mediterranean Frittata GF V NF peppers, tomatoes, olives

Sausage Frittata GP NF peppers, tomatoes, olives











COLD BREAKFAST BUFFETS

priced per person

\$16.50 The Continental

House-Baked Muffins, Scones and Croissants V (1.5 pastries per person)

House-Made Fruit Preserves, Marmalade and

Whipped Butter V Fresh Fruit Platter GF VG NF DF

Fair Trade Organic Coffee and Tea milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request

The Fitness Instructor \$20.00

Granola Bars GF *not Celiac V DF (1 piece per person)

Fruit Skewers GF VG NF DF

Greek Yogurt V

Juice and San Pellegrino

Fair Trade Organic Coffee and Tea milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request













HOT BREAKFAST BUFFETS

priced per person

\$25.00 The Jetsetter minimum 10

Belgian Waffles served with Maple Syrup, Berry Compote and Whipped Cream V

Choice of Bacon or Sausage (3 pieces) GF NF DF

Pitchers of Apple and Orange Juice

Fair Trade Organic Coffee and Tea milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request

Downtown \$28.00 minimum 10

Mediterranean Frittata GF V NF Focaccia Points V NF DF

Hashbrown Cubes GF VG NF DF

Fresh Fruit Platter GF VG NF DF

Pitchers of Apple and Orange Juice

Fair Trade Organic Coffee and Tea milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request

First Class minimum 10

\$32.00

Scrambled Eggs with Chives V NF DF

Bacon GF NF OF Hashbrown Cubes GF VG NF DF

Broiled Tomatoes VG NF DF

Freshly Baked Muffins, Scones and Croissants V

House-Made Fruit Preserves V

Pitchers of Apple and Orange Juice

Fair Trade Organic Coffee and Tea milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request

























BREAKS

DAYTIME BREAKS

priced per person. minimum order of 6.

Cambridge Break

Gourmet Cookies V

\$7.75

Fair Trade Organic Coffee and Tea

milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request

Dartmouth Break

\$13.00

Gourmet Cookies V







Fair Trade Organic Coffee and Tea

milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request

Princeton Break

\$13.00

Assorted Local and Import Cheeses with Fresh Berries, Dried Fruits and Nuts V

served with baquette and crackers

Fair Trade Organic Coffee and Tea

milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request

Columbia Break

\$12.00

Individual Crudité and Hummus Cups GF VG NF DF







Root Vegetables Chips and Assorted Dips GF V



Fair Trade Organic Coffee and Tea

milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request













BREAKS

BREAKOUT PACKAGES

priced per person. minimum order of 6.

Northwestern Break

\$17.00

Assorted Mezze V NF



marinated olives, dolmades, falafel balls, spicy tahini dip, artichoke dip, flatbread with oven-dried tomatoes and spinach

Strawberry Basil Lemonade

Fair Trade Organic Coffee and Tea

milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request

NYU Break \$18.00

Popcorn Bar GF NF

truffle and rock salt, classic butter and sriracha lemon

Kettle Chips GF V

House-Made Fruit Gelées GF VG NF DF



House-Made Chocolate Almond Bark GF V



Fair Trade Organic Coffee and Tea

milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request

\$13.00 **Brown Break**

Edamame with Chili Rock Salt GF VG DF

Coconut Bliss Balls GF VG DF

Fair Trade Organic Coffee and Tea

milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request

Vegan Break

\$13.50

Vegan Salted Chocolate and Rosemary Cookies GFVGNFDF



Pesto Hummus and Rice Crackers GF VG NF DF

Fair Trade Organic Coffee and Tea

milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request

Fair Trade Break

\$16.50

this break includes Fair Trade Canada Certified items such as

Banana Bread V



Chocolate Caramel Brownie Bites V

Fair Trade Organic Coffee and Tea

milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request

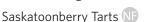
West Coast Break

\$16.00

prepared in house by The Lazy Gourmet. minimum 20 quests

Smoked Salmon Flatbread with Lemon, Dill and Red Onion NE

Cinnamon Sugar Fried Bannock Bread W



Fair Trade Tea

À LA CARTE

minimum 10 cups per order. 1 cup serves 2 people on average, please contact your event planner for appropriate serving sizes for your group

Popcorn \$6.00 per cup/ \$8.00 per bag (1.5 cups)

Butter V Sriracha Lemon Popcorn V Truffle and Rock Salt V

Chips V GF Pretzels VG DF \$5.00 per cup \$5.00 per cup

Peanut Butter Protein Balls V DF



\$3.00 each

minimum 12

BREAKS

PLATTERS

all platters come in one size and serve up to 30 guests unless otherwise indicated. serving sizes vary based on the full assortment of offerings on your order.

Cheese and Charcuterie

with local and European cheese, local salamis and cured meats, honey, mixed nuts, olives, gherkins, red pepper jelly, house made ciabatta and foccacia

Small (serves 10)	\$174.00
Medium (serves 20)	\$210.00
Large (serves 30)	\$270.00

Cheese Platter V GF NF

European and domestic cheeses

Medium	\$132.00
Large	\$180.00

Platter of Asian V GF NF DF	
Marinated BC Albacore Tuna	\$270.00
with Korean chili sauce	

Vegetable Platter	V	Œ	
with dips			

Small (serves 10)	\$54.00
Medium (serves 20)	\$96.00
Large (serves 30)	\$162.00

Satay Platter GF NF DF



\$310.00

honey mustard chicken, Korean BBQ beef, herbed lemon prawns and spicy cilantro aioli

Plant Based Asian Vegetable Platter VG DF



\$260.00

Szechwan eggplant, sambal green beans, smashed cucumber, togarashi edamame, sweet soy cauliflower bites, crispy salt & pepper tofu, papadams and sesame cashew dip

Sun-Ripened Fresh Fruit Presentation GF VG NF





garnished with seedless grapes and seasonal berries

Small (serves 10)	\$54.00
Medium (serves 20)	\$96.00
Large (serves 30)	\$144.00

Whipped Honey and Herb Ricotta Dip V NF \$270.00





with raw and roasted carrots, radishes, grilled asparagus, beets, zucchini and peppers, served with flatbread













SANDWICHES AND WRAPS À LA CARTE

priced per item.

ask your event planner for seasonal selection. 30% Vegetarian will be provided unless otherwise requested all sandwiches can be made gluten free by using our gluten free buns. all sandwiches can be made dairy free upon request.

Assorted Sandwiches

\$13.00

minimum 6 per type, unless ordering an assortment

Order an assortment or choose from the selections below:

Grandfather Ham and Swiss W



ham, swiss, lettuce, tomato, grainy dijon aioli

Smoked Turkey NF DF



turkey, apricot chutney, lettuce, tomato, caramelized onion aioli

Classic Roast Beef



roast beef, red onions, jalapeño harvarti, lettuce, tomato, smooth dijon aioli

Mediterranean Chickpea NF DF VG

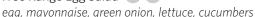




smoke paprika hummus, red peppers, yellow peppers, zucchini, lettuce, tomato, cucumbers, olives

Free Range Egg Salad NF V





Tuna Dill Cucumber Salad NF DF





tuna, dill, mayonnaise, lettuce, cucumbers

Canadian Italian NB



mortadella, prosciutto, salami, provolone, dijon mustard, sun-dried tomato aioli, lettuce, tomato

Assorted Wraps

\$13.00

minimum 6 per type, unless ordering an assortment

Order an assortment (minmum 6), or choose from the selections below:

Crispy Chicken Caesar Wrap WF



chicken tender, romaine, bacon, caesar dressing, parmesan, wrapped in a tortilla

Chicken Waldorf DE



chicken, mayonnaise, apple, walnuts, honey, dijon, romaine

Smoked Eggplant Wrap NF DF VG





house made egaplant dip, spinach, chickpeas, red pepper, yellow pepper, zucchini

Spicy Beef with Pineapple Wrap with Grilled Medium Rare AAA Beef NE

with fresh pineapple, peppers, lettuce, and spicy chipotle sauce in a flour wrap

ADDITIONAL STAFFING COSTS

Event Lead

\$48.00 per hour*

Server/Bartender

\$40.00 per hour*

\$45.00 per hour*

*minimum 4 hours. a service charge of 22% applies to service staff











SANDWICH BUFFETS

The UBC Executive Lunch

per person. can be ordered with sandwiches, wraps, or a selection of both

\$22.00 1 sandwich or wrap per person

1.5 sandwiches or wraps per person \$28.00

A variety of sandwich or wrap fillings which may include:

Ham and Swiss W

Smoked Turkey IF DF

Roast Beef N

Mediterranean Chickpea NF DF VG

Free Range Egg Salad NF V

Tuna Dill Cucumber Salad NF DF



Canadian Italian

all sandwiches can be made gluten free by using our gluten

all sandwiches can be made dairy free upon request 30% Vegetarian will be provided unless otherwise requested

Includes:

Fresh Fruit Platter GF VG NF DF







Selection of Dessert Bars

ADD A BEVERAGE

\$3.25/PERSON

Fair Trade Canada Certified Coffee and Tea

Milano coffee and a variety of herbal and regular tea which will include a Fair Trade Certified option, decaf available. milk, cream, sugars and oat milk are included with coffee service. minimum 10 cups.

18

Assorted Cold Beverages

assorted soft drinks, Perrier sparkling water, San Pellegrino fruit drinks



PACIFIC RIM LUNCH

Individually Packaged

per person. minimum 6 per type

Choice of:

1) Chicken Gado Gado

on Indonesian noodles with coconut peanut sauce, green salad, crab salad* and orange slices

2) Maple Glazed Salmon NF DF





encrusted with sesame and topped with blackberry port sauce on noodles with green salad, crab salad* and orange slices

3) Tofu Gado Gado GF VG DF

on Indonesian noodles with coconut peanut sauce with green salad, spinach gomae and orange slices

*crab salad includes gluten











\$31.00

ENTRÉE SALADS

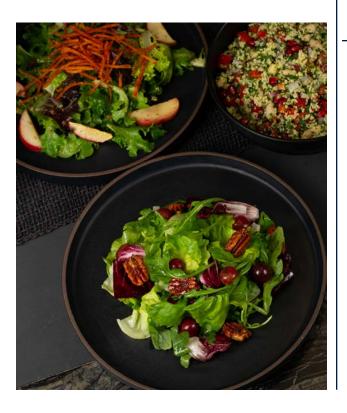
priced per person. minimum 6 per type. all entrée salads can be made gluten free or dairy free upon request. each salad is served in a compostable bowl with a recyclable lid

Mixed Greens Salad with BC Chicken \$25.00 with lemon herb vinaigrette GF NF DF

Vegetarian Salad V \$23.00 portobello mushrooms, spinach, and Swiss cheese with roasted garlic vinaigrette and focaccia bread

Chicken Caesar Salad NF \$25.00 caesar salad with house-made croutons with grilled chicken and focaccia bread

Lemongrass Grilled Chicken Breast Salad \$25.00 with spicy peanut sauce, on a bed of mixed greens GF DF



POWER BOWLS

priced per person. minimum 6 per type. each bowl is served in a compostable bowl with a recyclable lid

Falafel Bowl V \$25.00 falafel with spinach, pickled beets, roasted carrots, housemade lebaneh, couscous and spicy zataar citrus vinaigrette

Buffalo Cauliflower Bowl GF VG NF DF \$25.00 avocado crema, pickled onions, tomato and cucumber Salsa, Rice, Coleslaw base with Mustard Sauce

Hawaiian Chicken Bowl GF NF \$25.00 grilled pineapple, sautéed spinach, edamame and onions served over sushi rice with sriracha aioli

Tuna Poke Bowl NF \$25.00 with tuna, avocado, dried seaweed flakes, crispy wontons, sesame seeds and house poke sauce

SOUP

8oz serving. minimum 6 orders per type

Tomato Basil VG NF DF with garlic croutons	\$8.00
Wild Mushroom VG NF DF with herbed croutons	\$8.00
Butternut Squash GF VG NF DF	\$8.00
Mama's Chicken Vegetable GF NF DF with wild rice	\$8.00
Carrot Ginger GF VG NF DF	\$8.00
Thai Chicken GP NF DF	\$10.00









LUNCH BUFFETS

priced per person. minimum order of 6. please select only **ONE package per event**. If you prefer this boxed, please add \$3.00.

Pad Thai Lunch \$25.00

Mixed Greens OF OF

with Asian vegetables, crisp wontons, and cilantro ginger dressing

Tofu vG or Chicken Pad Thai GF DF must choose in advance. minimum of 6 per type *contains eggs

Spring Rolls NF DF

Pasta Lunch \$25.00

Caesar Salad GF NF

Braised Short Rib or Spinach and Ricotta Cannelloni 🕕

Garlic Bread GF

Shanghai Noodle Box \$25.00

Sweet Soy and Ginger Marinated Flank Steak with vegetables and Shanghai noodles NP DF

Spring Rolls OF OF

Mixed Greens NF DF

with Asian vegetables, crisp wontons, and cilantro ginger dressing

Peri Peri \$30.00

Rainbow Slaw with Mango, Toasted Coconut Flakes, Lime Cilantro Vinaigrette

Roasted Peri Peri Chicken Breast

Spicy Roasted Baby Potatoes, Grilled Eggplant, Peppers & Olives

The Greek \$34.50

choose chicken, beef or falafel. minimum 6 per type

Greek Salad GF NF DF with feta, tomatoes, olives, cucumber and romaine

Chicken GF NF, Beef GF NF DF or Falafel Skewers GF VG NF DF (3 per person)

Greek Rice GF VG NF DF

Lemon Roasted Potatoes

Pita Bread, Hummus GF VG NF DF & Tzatziki V GF NF DF

Mexican Vacation

\$34.50

Romaine with Chopped Tomatoes and Avocado V NF served with crispy tortillas with lime dressing

Charred Corn and Bean Salad V GF NF with creamy chipotle dressing (0.5 cups per person)

Build Your Own Taco Bar

Battered White Fish WF OF

Ancho Pork GF NF DF

Crispy Tofu GF NF DF VG

served with red cabbage, cilantro, sliced jalapeños,

tomatoes, lettuce GF VG NF DF, Queso Fresco V NF, Pico de Gallo GF VG NF DF, avocado mousse V NF

and chipotle cream V NF

Cinnamon Sugar Churros V





HOT LUNCH PACKAGES

priced per person

Option 1 \$28.00/guest

minimum 6

Chicken Cacciatore

with grilled vegetables, served over buttered egg noodles

Arugula And Romaine Salad

grape tomatoes, red onions, cucumbers, focaccia croutons with a basil apple cider vinaigrette

Option 2 \$26.00/guest

minimum 10

Build Your Own Bao

crispy five spice crispy chicken, crispy tofu, cucumbers, green onions and pickled veggies with a variety of sauces

Gyoza

Kale and Broccoli Salad

Option 3 \$26.00/guest

minimum 6

Chicken Shawarma

marinated and grilled shawarma chicken, saffron basmati rice, za'atar spiced roasted cauliflower and eggplant, served with tahini sauce and toum (garlic sauce)

Mixed Greens Salad

tomatoes, onions, banana peppers and a lemon garlic tahini dressing





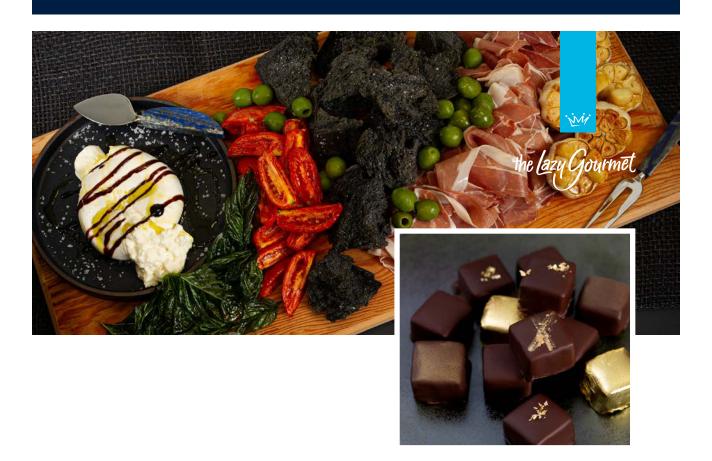








ABOUT US



About The Lazy Gourmet

Founded by Susan Mendelson in Vancouver in 1979, The Lazy Gourmet has staked its claim as one of the Western Canada's premier catering and event planning companies. In its more than four decades as an leader in the food and beverage industry, The Lazy Gourmet has helped private and corporate clients create memorable experiences via menus that showcase locally sourced ingredients and West Coast flavours served with a signature sense of hospitality by a seasoned family of service professionals. In 2022, The Lazy Gourmet joined the family at Compass Group Canada, the nation's leading food service provider.

Sustainability

Sustainability plays a big role, from reducing waste and carbon footprints, to being part of the Ocean Wise program. As a long-time Vancouver catering company, The Lazy Gourmet is committed to making healthy contributions to the community, including shelters and local food banks.





