BreadxButter Hot Breakfast

- **Minimum of 6** | Gluten free upon request

- **Avocado Toast | 8 vg**
  Smashed Avocado, Sourdough

- **Classic Egg Toast | 10.5**
  Brioche loaf, Jambon ham or bacon, Cheddar, Scrambled eggs, Kewpie mayo

- **Hawaiian Luau | 11**
  Brioche loaf, Spam, Scrambled eggs, Cheddar, Crispy seaweed, Kewpie mayo

- **Truffle Mushroom Egg Toast | 12 vg**
  Brioche loaf, Cultivated mushroom, Cheddar, Scrambled eggs, Truffle aioli

- **Smoked Salmon Egg Toast | 14**
  Brioche loaf, Smoked salmon, Scramble eggs, Cheddar cheese, Kewpie mayo

- **Traditional Breakfast | 15**
  2 eggs any style, Choice of bacon, Ham or sausage, Smoked paprika hash browns, Toast with butter

LEGEND:  gf - Gluten Free  nf- Nut Free  df- Dairy Free  vg - Vegetarian  vgn- Vegan
Classic Sandwich

- Minimum of 6 | Gluten free upon request

- Breakfast Sandwich | 7
  Ham or bacon, Fried egg, Cheddar, English muffin

- Salmon Bagel | 11
  Smoked salmon, Cream cheese, Capers, Pickled red onions

- Turkey Cranberry Sourdough | 13
  Smoked turkey, Lettuce, Pickled red onion, Sun dried tomatoes

- Tuna Salad Multigrain | 12
  Celery, Pickled red onions, Mayonnaise

- B.L.T. | 12
  Bacon, Butter lettuce, Tomato

- A.L.T. | 12 vgn
  Avocado, Butter lettuce, Tomato
Seasonal Fruit & Handmade Yogurt

· Minimum of 6
· Seasonal Whole Fruit | 2  gf/df/vgn
· Fruit Cup | 6.25  gf/df/vgn
· Seasonal Fruit Platter | 48 for 10 serving, 90 for 20 serving  gf/df/vgn
  Served with small plates and utensil
· Greek Yogurt Cup| 3.5  gf/nf/vg
  Served with small package of Honey
· Blueberry Yogurt Parfait | 6.5  vg
  Greek yogurt, House-made granola, Fruit compote

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Light Breakfast Combo

- Minimum of 6
- Lithosphere | 7 vgn
  Assorted Freshly Baked Muffin, Regular or Decaf Coffee, Tea or Juice Bottle
- Atmosphere | 9 gf/nf/vgn
  Assorted Freshly Baked Muffin, Regular or Decaf Coffee, Tea or Juice Bottle
- Hydrosphere | 9 vg
  Blueberry Yogurt Parfait, Regular or Decaf Coffee, Tea or Juice Bottle
- Biosphere | 10
  Breakfast Sandwich, Regular or Decaf Coffee, Tea or Juice Bottle

Full Breakfast Combo

- Minimum of 6
- Burrard | 23
  Traditional Breakfast, Chicken salad, Fruit cup, Regular or Decaf Coffee, Tea or Juice Bottle
- Hornby | 19
  Hawaiian Luau Egg Toast, Associate Muffin, Seasonal Whole Fruit, Regular or Decaf Coffee, Tea or Juice Bottle
- Seymour | 22
  Ham & Cheese Sourdough Sandwich, Side Salad, Soup of the Day, Regular or Decaf Coffee, Tea or Juice Bottle
- Thurlow | 20 vgn
  A.L.T., (Avocado, Butter lettuce, Tomato), Beet Side Salad, Seasonal Whole Fruit, Regular or Decaf Coffee, Tea or Juice Bottle

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Entrée Salads

- Minimum of 6

- **Teppanyaki Tofu Salad | 18  gf/vgn**
  Grilled Tofu, Chickpea, Edamame bean, Cashew, Kale, Arugula, Cabbage, Corn, Farfalle, Cranberry, Teppanyaki dressing

- **Fruit Salad | 20  nf/vgn**
  Avocado, Green apple, Cherry tomato, Corn, Cucumber, Lettuce, Arugula, Spinach, Quinoa rice, Lemon

- **Pielavesi Chicken Salad | 18**
  Fragrante roasted chicken breast, Hard boiled egg, Lettuce, Arugula, Spinach, Grape tomatoes, Baby corn, Brown rice conchiglie, Cashews, Tranphu sauce

- **Sichuan Chili Chicken Salad | 18**
  Sichuan Chicken, Hard boiled egg, Sweet pepper, Onion, Carrot, Cucumber, Soba noodles, Sesame, Green onion, Ratten chili vinegar

- **Teriyaki Beef Salad | 23**
  AAA Striploin, Pleurotus eryngii, Lettuce, Arugula, Zucchini, Broccoli, Quinoa rice, Green onion, Teriyaki sauce

- **Game Bird | 24**
  Smoked duck breast fillet, Hard boiled egg, Butter mushroom, Lettuce, Arugula, Cucumber, Edamame bean, Grape tomatoes, Sunflower seeds, Sesame sauce

- **Citrus Seafood | 24**
  Smoked salmon, Shredded tuna flake, Prawn, Grapefruit, Zucchini, Asparagus, Carrot, Mix green, Cream cheese, Apple vinegar

- **Side Salad**
  Beet Salad | 7  nf/vg
  Mixed greens, Pickled beetroot, Honey cider vinaigrette
  Chicken Salad | 7.5
  Seared chicken breast, Mix greens, Shaved vegetables, Sherry vinaigrette

LEGEND:  gf - Gluten Free  nf - Nut Free  df - Dairy Free  vg - Vegetarian  vgn - Vegan
Pasta & Bento

· Minimum of 6

· **Chicken & Mushroom Fettuccine Alfredo | 22**
  Fragrante fresh BC Chicken breast, Sauteed Mushroom, Creamy Spinach, Parmesan Cream Sauce, Served with black pepper and salt

· **Pesto Seafood | 24**
  Shrimp, Tuna, Green lipped Mussel, Creamy Basil Sauce, Served with black pepper and salt

· **Smoked Duck Breast Rice Bowl | 22**
  Smoked duck breast fillet, Corn, Soft-boiled egg, Rice

· **Three Cup Chicken Bento Box | 20**
  Deboned chicken, Quail egg, Traditional Taiwan three cup sauce, Pickled ginger, Basil, Corn, Rice

LEGEND:  gf - Gluten Free   nf - Nut Free   df - Dairy Free   vg - Vegetarian   vgn - Vegan
Lunch Combo

- **Minimum of 6**

- **Pender | 22**
  Turkey Cranberry Sourdough Sandwich, Soup of the Day, Fresh Fruit Cup

- **Robson | 22**
  Roasted Chicken Sandwich, Soup of the Day, Yogurt Parfait

- **Kamloops | 24  gf/vgn**
  Teppanyaki tofu Salad, Fruit Cup, Oatmeal Chocolate Sandwich Cookie

- **Dunsmuir | 26**
  Teriyaki Beef Salad, Associated Muffin, Greek Yogurt Cup

- **Nelson | 29**
  Creamy Spaghetti Bolognese, Beet salad, Associated cookie

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- **vgn** - Vegan
Muffin & Loaves

- Minimum of 6 Muffin (Or 6 Loaves)
Seasonal muffins, Loaves | 4.5 vg

- Muffin  Lemon Blueberry/ Carrot Raisin/ Raspberry & Blueberry Sunflower, Banana Pineapple Bran

- Loaves  Chocolate Chip Banana/ Blueberry Lemon/ Red Velvet, Reduced Fat Cranberry Omega/Banana Date gf/ Chocolate Pecan gf

Individual Desserts

- Minimum of 12

- Homemade Cupcake | 4.5 gf/vgn
Lemon Cupcake/ Coconut Cupcake/ Chocolate Cupcake, Chocolate Raspberry Cupcake

- NY Cheesecake | 6.5 gf

- Individual Lava Cake | 7

- Pecan Torte | 6.5 gf

- Individual Carrot Cake | 7

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Classic Cakes

- Minimum of one 8 inches whole cake | 14 portions cut
- Red Velvet Buffet | 36
- Sacher Dark Buffet | 46
- Belgian Truffle | 54
- Raspberry White Chocolate Cheesecake | 48 \( gf \)

Cookie Snacks

- Minimum of 12
- Assorted Freshly Baked Cookies | 3
  - Peanut Butter Chocolate/ Gingersnap/ Dark Chocolate/ Oatmeal \( gf/vgn \)
  - Chocolate Almond \( gf/vgn \)
  - Oatmeal Chocolate Sandwich Cookie \( gf/vgn \)

LEGEND: \( gf \) - Gluten Free  \( nf \) - Nut Free  \( df \) - Dairy Free  \( vg \) - Vegetarian  \( vgn \) - Vegan
Drinks

· Minimum of 10

· Coffee (Decaf upon request) $30 for 10 serving; $80 for 30 serving

Served with choice of Raw Sugar, Sweetener, Homogenized Milk, Cream, Soy Milk and Oat Milk

· Hot Tea $30 for 10 serving; $80 for 30 serving

Choose from Earl Gray, Green Tea, English Breakfast, Mint, Chamomile
Served with choice of Raw Sugar, Sweetener, Homogenized Milk, Cream, Soy Milk and Oat Milk

· Minimum of 6

· Juice Bottles $2.5

Include an assortment of Individual bottles of Orange, Apple, Cranberry cocktail & Pink grapefruit

· Sparkling Water $2.5

Canada Dry club soda

· Soft Drinks $2.5 *Soft Drinks will be served with ice*

Individual cans of Coke, Diet Coke, 7-up, Ginger Ale, Root Beer & Iced Tea, and other by request

*Coffee and Tea will be served in a dispenser and individual cups will be provided*
Delivery

• Delivery Hours | Monday - Friday 8:00am-3:00pm

*Please contact your planner if you require delivery outside of these hours.

• Delivery Charge | $10

• Your Event Planner will require your preliminary order 2 weeks before the event.

• Final details will need to be confirmed by 12:00pm on Tuesday of the week (Monday-Sunday) prior to your event.